



GOODWIN  
HOME CARE

# Home Care

ACT and surrounding region

**Making life  
easier at home**



**Visit our  
website**



# Accessing Home Care

Let us help navigate your way  
through the system

## Support At Home (SAH)

Support at Home funding level can range from basic to high-level care needs.

The government's Single Assessment System (SAS) Workforce will decide what classification level of funding assistance you get depending on your needs.

It can sometimes take a long time to receive government funding, as there is a national waiting list, so we recommend getting started early.

## Commonwealth Home Support Programme (CHSP)

Funded by the Australian Government, CHSP delivers entry-level support for people who just need a little help with a few tasks in their homes or out in the community.

Services can be delivered on a short-term, episodic, or ongoing basis and have a strong focus on activities that support independence, wellness, and reablement.

## Private services

You can access Goodwin home care services at any time without government funding. All you need to do is reach out to us and we'll get you sorted.



We'll come  
to you,  
so you can  
stay at home.



GOODWIN  
HOME CARE

# Care at your home

Home is where your heart is.  
We come to your home to help  
make things easier.

Trained and trusted Goodwin carers can help you with a range of tasks in the home and out in the community.

We have plenty of services so you can stay at home for longer. Choose from as much, or as little, support as you need.

## Home care helps you to:

1. Live in your own home for as long as possible.
2. Maintain independence and keep doing the things you love.
3. Recover from illness or injury.

# What Goodwin Home Care can do for you

## Clinical

Service Category	SAH	CHSP	PS
Nursing	✓		✓
Wound care	✓		✓
Chronic condition management	✓		✓
Medication management	✓		✓
Health checks	✓		✓
Dementia specialist care	✓		✓
Continence assessments	✓		✓
Physiotherapy	✓	✓ *^	✓
Podiatry	✓	✓ *^	
Remedial massage	✓		
Exercise physiologist	✓	✓ *^	✓
Occupational therapy	✓		✓
Care management	✓		✓



For people,  
not profit



**SAH** Support at Home  
**CHSP** Commonwealth Home Support Programme  
 Service available 8:30am-4:30pm  
**PS** Private Services

\* conditions apply  
 ^ NSW only

**We work with you to tailor a plan based on the services you need.**

**We don't do ready-made packages as we respect everyone is different.**

## Independence

Service Category	SAH	CHSP	PS
Community and centre-based respite	✓		
Therapeutic services for independent living, including remedial massage, acupuncture, chiropractic	✓		
Emergency call systems	✓		
Accessibility aids	✓		
Mobility aids	✓		
Home modifications, including ramps, rails, visual alarms	✓		

## Everyday Living

Service Category	SAH	CHSP	PS
House cleaning	✓	✓	✓
Laundry/ironing	✓	✓	✓
Decluttering	✓		✓
Gardening	✓		✓
Home maintenance and repairs	✓		✓
Home delivered meals	✓		✓
Assistance with shopping	✓	✓	✓

## Independence

Service Category	SAH	CHSP	PS
Bathing and showering	✓	✓	✓
Grooming and personal care	✓	✓	✓
Dressing and undressing	✓	✓	✓
Morning and evening routines	✓	✓	✓
Daily check-ins	✓		✓
Assistance with activities of daily living	✓	✓	✓
Continence management (non-clinical)	✓		
Company at home, doing things you enjoy including baking, games, crafts etc	✓	✓	✓
Accompanied activities	✓	✓	✓
Goodwin Day Clubs - out and about with a fun group, exploring new experiences	✓	✓	✓
Flexible respite	✓	✓	✓
Transport and/or accompaniment to:			
Appointments, social outings, errands, just a drive in the country	✓	✓	✓
Community or religious events	✓	✓	✓

# Choose care you can trust

## We're here for you

Caring for community since 1954.  
Still growing strong.

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**Not-for-profit** aged care provider,  
owned by members (mostly residents  
and clients).

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We're **independent**. We're not affiliated to any  
other business, organisation, property developer,  
political or religious body.

**We're just here to provide the best care.**

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## Get in touch today

For more information on how to  
access services and funding, we're  
here to help.

02 6175 5650

[community@goodwin.org.au](mailto:community@goodwin.org.au)

[goodwin.org.au/home-care/](http://goodwin.org.au/home-care/)